

## Read what some of our graduates have to say about our training...

Jennifer Netherby

Teacher training at Black Dog was a transformative experience for me. It changed the way I look at myself and deepened my knowledge of yoga. At the same time, it makes me want to learn more about yoga. It was great to have teachers from different styles and philosophies and teaching styles. I felt like I got a broad training on yoga. I also met amazing people in class. It went beyond my expectations. I thought I would be terrified to teach in class and while I was nervous at first, I ended up being excited about it because we built up to it. I felt so nurtured as a student and that the teachers and classmates were all rooting for each other.

I feel confident in my teaching ability and am looking forward to teaching the donation classes. I really liked how there was such an emphasis on thinking about teaching as we do our yoga – there is no perfect, but it's about sharing our knowledge with students and being authentic.

Izzy Ais

Without wanting to sound dramatic, this teacher training has changed my life. I came to yoga because of the physical asana and I came to the teacher training to learn more about the poses so that I could deepen my yoga practice.

I have emerged not only with a thorough understanding of physical hatha yoga but that asana is only 1 of the 8 limbs of yoga. The philosophy that we learned has changed my idea of yoga. It is no longer just a physical practice for me. Yoga is the practice of my life.

The five teachers are brilliant! It really is an eclectic mix of hatha yoga. The experience of the teachers and the styles they teach is as varied as their personalities. You will not find this in any other teacher training. The teachers were always making themselves available to us.

I have made friends for life.

Gene Natoli

A mind and body opening experience. The combination of subjects and teachers truly broadened and deepened my understanding of what yoga truly is. My expectations were not exactly accurate as to what the training actually should be. In most cases they were surpassed. I feel like my mind has been taken apart and put back together again in a better way. I don't feel confident in my teaching ability, but I believe some people (myself) need more work than others.

Tina Getekian

I consider everything I learned from this training to be important for my life. I would go so far as to say that it ought to be a necessary experience for everyone. I wasn't exactly sure what I was getting into, having had little experience in yoga prior to this program, but I am greatly satisfied and surprised with what is turned out to be. I feel like I have all the tools necessary to step into a deep journey of yoga. I am confident that what I have learned during this course will serve me well.

The teachers are extremely intelligent of their subject matter and I am honored to have them all as my gurus. Also, yoga attracts the wonderful people you want to meet!

Lyn Eastman

I can teach yoga. That's great! I healed. I learned. I humbled. I got my yoga practice back. The variety of teachers and their styles taught me how many paths lead to wellness through yoga. Peter Barnett is an amazing teacher, extraordinary in his dedication to each one of us. Maria Cristina has the heart of an angel. Sigrid is fierce with alignment. Margaret knows her anatomy. Jenny is divine beyond description. LOVED IT!!!